



Discovery Bay Activity Guide

Your Guide to Discovery Bay Classes & Programs

Winter/Spring 2024

**Parks
Make
Life
Better!** SM

**Summer Employment
Opportunities!**

New Year, New You!



Like Us on Facebook



Follow us on Instagram

REGISTRATION INFORMATION

Winter/Spring

February – May 2024

Our Values

- **Innovation**
- **Accountability**
- **Respect**
- **Integrity**
- **Professionalism**

Board of Directors

President: Michael Callahan

Vice President: Carolyn Graham

Director: Bryon Gutow

Director: Kevin Graves

Director: Ashley Porter

General Manager:
Dina Breistein

Parks & Recreation Staff

Parks & Landscape Manager
Bill Engelman

Parks & Landscape Crew
Matt Bevers

Marcos Hernandez
Rodrigo Guerrero

Recreation Programs Supervisor
Monica Gallo

Administrative Assistant
Janie Carter



1601 Discovery Bay Blvd.
Discovery Bay, CA 94505
(925) 392-4575

What if I need special accommodations?

If you require special accommodations, please specify on the registration form and contact the Community Center directly.

What if I need to bring something special?

Special required items will be listed in the class or program descriptions. For any additional questions, please feel free to contact the Community Center during regular business hours.

What if a class or program is cancelled?

Customer requested refunds/transfers no later than 7 business days prior to the first day of class. No refunds after first class. No refunds or make-ups for missed days. A processing fee of \$7 will be charged for all cancellations after a registration has been processed. If minimum class size is not met by one week prior to the start of class, the class may be cancelled. In the event that the District cancels a class, you will receive a full refund. Outdoor classes are cancelled in the event of lightning.

Registration Information

There are four (4) ways to register.



Mail-In

Town of Discovery Bay
1800 Willow Lake Road
Discovery Bay, CA 94505



Online

at www.todb.ca.gov



Call-in

(925) 392-4575



Walk-in

1601 Discovery Bay Blvd.



Would you like to garden but don't have the space?

The Town of Discovery Bay has a Community Garden area located at the Community Center, 1601 Discovery Bay Blvd.

If you are interested in leasing space to grow your own veggies, fruits or flowers and share success stories with others who want to grow, please contact the Community Center, (925) 392-4571.

**TODDB SMS
COMMUNITY
ALERTS**

Sign Up site is live for the
Town of Discovery Bay.

<https://toddb.ca.gov/sms-community-alerts>

A yellow rectangular graphic with a sunburst background. It features a megaphone icon on the left. The text "TODDB SMS COMMUNITY ALERTS" is in large, bold, black capital letters. Below it, in smaller black text, is "Sign Up site is live for the Town of Discovery Bay." At the bottom, a URL is provided.

Let's get social!

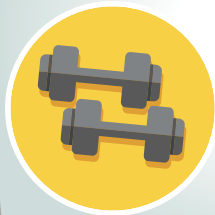
Town of Discovery Bay
Discovery Bay Community Center

Instagram
KEEP IN TOUCH WITH US
@TODB94505

Town of Discovery Bay
Discovery Bay Community Center

A collage of social media and town information. It includes the Town of Discovery Bay logo (a circular seal with a ship and "est. 1998"), a Facebook profile picture of the town, and a screenshot of the Facebook page showing a photo of the town's entrance. The text "Town of Discovery Bay" and "Discovery Bay Community Center" is repeated. At the bottom, there is a blue banner with the Instagram logo, the text "Instagram", "KEEP IN TOUCH WITH US", and the handle "@TODB94505".

FEBRUARY



- Youth Paint Night
- Zumba
- Fit Fun & Fab
- Tiny Tots Dance
- Kids Dance Combo

MARCH



- Tennis - Orange Ball
- Tennis - Juniors Only
- Zumba
- Fit Fun & Fab
- Paint Night (18+)
- Health & Wellness Course

APRIL



- Health & Wellness Course
- Zumba
- Tiny Tots Dance
- Kids Dance Combo
- Fit Fun & Fab
- Youth Paint Night

MAY



- Zumba
- Paint Night
- Tennis - Juniors Only
- Water Aerobics



Summer Fun

SNEAK A PEEK!

FLICK N' FLOAT

Swim and watch a movie under the Stars? That's how we roll!

Enjoy a hot summer night floating in the water and enjoy a movie at the same time with family and friends.

MOVIES IN THE PARK

Join us for free outdoor movies at the Discovery Bay Community Center.

Movie starts at dusk.
Blankets and lawn chairs recommended.

For more information, visit www.toddb.ca.gov/community-center

**Discovery Bay Community Center
1601 Discovery Bay Blvd.**



Summer Jobs

COMMUNITY CENTER

The Town of Discovery Bay recruits each year for a variety of part-time, temporary positions in the areas of Aquatics, Front Desk, and Special Events. This is a great way to learn new skills, earn money, and make new friends.

BENEFITS OF WORKING HERE:

LEADERSHIP EXPERIENCE

SERVE THE COMMUNITY

NEW CHALLENGES

DEVELOP VALUABLE CUSTOMER SERVICE SKILLS

LEARN TO WORK AS A TEAM

APPLICATIONS BEING ACCEPTED!

FOR MORE INFORMATION – 925-634-1733

HIRING:
LIFEGUARDS
FRONT DESK
EVENTS

LIFEGUARD & SWIM INSTRUCTORS WANTED



LIFEGUARD REQUIREMENTS:

- ✓ Minimum 16 Years of Age
- ✓ Lifeguard Certified

SWIM INSTRUCTOR REQUIREMENTS:

- ✓ Minimum 16 Years of Age
- ✓ Water Safety Certified or Equivalent
- ✓ CPR/AED Certified

NOTE: ONCE HIRED, SWIM INSTRUCTOR TRAINING CAN BE PROVIDED

**JOIN
OUR
TEAM**

Download an application at: www.todb.ca.gov and drop application off at the Community Center
1601 Discovery Bay Blvd.
For more information, please call 925-634-1733

All blood types needed.



American
Red Cross



Town of Discovery Bay **Blood Drive**

Tuesday, April 2, 2024

10:00 am – 3:00 pm

Discovery Bay Community Center in the Marina Room

1601 Discovery Bay Blvd

Discovery Bay, CA 94505

To make an appointment please visit [redcrossblood.org](https://www.redcrossblood.org) and enter sponsor code **DiscoveryBay**
or use the link below

<https://www.redcrossblood.org/give.html/drive-results?zipSponsor=DiscoveryBay>

If you have questions regarding your eligibility to donate blood, please call 1-866-236- 3276 or
click this link <https://www.redcrossblood.org/donate-blood/how-to-donate/eligibility-requirements.html>

To save time while saving a life please fill out a Rapidpass. For more info, please visit
[redcrossblood.org/Rapidpass](https://www.redcrossblood.org/Rapidpass)

Thank you for helping to save 3 lives with
one donation.

1-800-RED CROSS | 1-800-733-2767 | [RedCrossBlood.org](https://www.RedCrossBlood.org) | Download the Blood Donor App

© The American National Red Cross | 355222-Field-RW

FITNESS

Fit, Fun & Fab

(Ages 18+ yrs.)

Are you looking for a fun way to get fit, have fun and look fab? Well then, have I got the workout for you, and it's called Chair-Aerobics! We will begin standing with gentle stretching and then sit to complete our stretching. Next, we will get into a low impact workout while seated incorporating each muscle group concentrating on increasing, strengthening, and toning your upper body and lower body with an emphasis on the core. Next, we will work with hand weights to improve and increase your upper body strength which will include a series of exercises for biceps, triceps, chest and upper back. Then we are off to the wall where we will work on core and glute strength and stability. To complete our workout, we will cool down by standing and stretching and then seated to complete our stretching. This class is structured to increase your overall strength and balance and to boost your stamina, endurance, flexibility and most importantly to have fun! You are only one step away from feeling stronger, energized and empowered. You can do the entire class seated if necessary.

Equipment needed for this class is hand weights only.

FEE: \$50 punch pass. Punch pass must be used within the month purchased or \$10 drop in

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Michelle Dominge

CLASS#	DAY	TIME	DATE
50501	M, W, F	9:00-10:00AM	2/2-4/29

AQUATICS

Water Aerobics

(13+ yrs.)

Water Aerobics is a fun and safe way to exercise and I have designed this class for all levels of fitness. Exercising in the water offers many ways to get fit and stay fit. Some of the key components I have incorporated into this class are Aerobic endurance, resistance training, core and muscle strengthening, increased flexibility, and cardiovascular endurance. We will begin class by warming up with easy fluid movements, in preparation for what's to come. We will then move right into our aerobic portion of the class utilizing our upper and lower body with an emphasis on the core. From there we will give our arms a full workout with our hydro fit hand weights and enter into buoyancy training with the assistance of a noodle and or hand weights. To conclude our full body workout, we will end class cooling down by stretching and moving methodically through the water. I am confident that this class will not only change how you feel about exercise it will change how you feel both mentally and physically! Class is a full hour filled with fun and an effective workout in a heated pool. Looking forward to seeing you in the water!

FEE: \$50 punch pass. Punch pass must be used within the month purchase or \$10 drop in

LOCATION: Discovery Bay Community Center Pool

INSTRUCTOR: Michelle Dominge

CLASS#	DAY	TIME	DATE
50500	M-F	9:00AM-10:00AM	5/1-5/31*

*No class: 5/27

Meet the instructor...

Michelle Dominge has been a Fitness Instructor for over 23 years.

She began her career on the Peninsula teaching Water Aerobics at the Pacific Athletic Club, which is now known as the Bay Club and The Palo Alto Jewish Community Center. After moving to Discovery Bay and feeling like a fish out of water, she quickly made her way to our Community Center where she began teaching our Water Aerobic Classes after the reconstruction of our beautiful new pool! With her years of experience, warm and friendly personality, she has built a dedicated and loyal group of Aqua Fitness enthusiasts! Michelle prides herself on getting to know each and every person. She gets to know their abilities, challenges, and prepares her classes with everyone's fitness levels in mind. Her dedication to the health and fitness of those she teaches is exemplary! After recognizing the need for an indoor fitness class during the winter months, she decided to get another fitness certification so that she could create a class that would benefit those looking for a safe way to get fit and feel comfortable. So, Michelle created her new Fit, Fun, and Fab class, dedicated to those with a desire to start a fitness program that will change the way they view exercise! Michelle is a certified Aqua Fitness Instructor and Advanced Group Fitness Instructor. She is also CPR/AED and First Aid Certified as well. Michelle's passion for teaching runs deep and her enthusiasm is contagious. When asked what the best thing about teaching fitness classes is, she said, "It gives me great joy to watch people transform their bodies and minds, and to become aware of their abilities rather than their limitations."



PROGRAMS



Zumba by Karina

(Ages 10+ yrs.)

Zumba by Karina is a very exciting dance fitness party with an atmosphere full of Latin and international music. You'll forget you are working out with fun and simple moves to dance like salsa, reggaeton, cumbia, merengue, and more. Best of all, you don't need previous dance experience.

FEE: (Based on the number of classes per month)

3 classes, \$36 / 4 classes, \$48 / 5 classes, \$60

\$15 drop in

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Karina Dugand

CLASS#	DAY	TIME	DATE
50400	T	7:00-8:00PM	2/6-2/27 (4 classes)
50401	T	7:00-8:00PM	3/12-3/26 (3 classes)
50402	T	7:00-8:00PM	4/2-4/30 (4 classes)*
50403	T	7:00-8:00PM	5/7-5/28 (4 classes)
50404	TH	7:00-8:00PM	2/1-2/29 (5 classes)
50405	TH	7:00-8:00PM	3/7-3/28 (4 classes)
50406	TH	7:00-8:00PM	4/4-4/18 (3 classes)
50407	TH	7:00-8:00PM	5/2-5/30 (5 classes)

*No Class: 4/23

NEW YEAR, NEW YOU

(Ages 18+yrs)

21 DAY RESET CLEANSE

If you think you can benefit from REBOOTING your health and body, feeling rejuvenate and refresh to welcome the NEW YEAR strong and motivated, the 21 Day Reset Cleanse is for you!

This whole food 21 day re-set program is designed to:

- ◆ Give your body a fresh start by eliminating toxins, improving your diet, and shifting your habits.
- ◆ You can lose some weight and find out what kind of foods could be causing inflammation or weight gain.
- ◆ Gain energy.
- ◆ Get glowing skin.
- ◆ Improve digestion.
- ◆ Deeper sleep.
- ◆ Sharpen your focus.
- ◆ Learn food sensitivities.
- ◆ Learn what foods work best for YOU.

You remove the foods that most commonly cause symptoms of a food allergy or toxicity from your diet like gluten, wheat, dairy, coffee, sugar, beef, alcohol, and a few other detailed foods and then add them back slowly to see how your body responds. You will re-introduce foods back into your diet to identify food sensitivities and intolerances and create a maintenance diet that best serves your unique body.

FEE: \$147

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Certified Health, Fitness and Life Coach Karina Dugand

CLASS#	DAY	TIME	DATE
50408	W	12:00-1:00PM	2/7-3/6 (5 classes)

HEALTH & WELLNESS

ESSENTIALS COURSE

(Ages 18+ yrs.)

This class focuses on learning or refreshing the principles of basic nutrition delivered in a simple, manageable, and actionable way so you can get some clarity about the What, When, Where, Why and How's of nourishing your body through foods with a whole wellness approach that focus on a sustainable, healthy way of living instead of fads, diets or deprivation practices. Get tips about stress management, sleep, helpful mindfulness, and meditation exercises for an overall well-being. We will explore health related attitudes and beliefs, and how to implement new healthy behaviors that can help you with losing some unwanted weight, doubling your energy, and enjoying a new level of satisfaction in life.

FEE: \$280

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Certified Health, Fitness and Life Coach Karina Dugand

CLASS#	DAY	TIME	DATE
50409	W	12:00-1:00PM	3/13-4/17 (6 classes)

DANCE PROGRAMS

Tiny Tots

(Ages 3-5 yrs.)

A creative movement course introducing the rudiments of dance in developing skills and technique in ballet, jazz, tap and tumble.

FEE: \$100.00 (10 classes) \$15.00 drop in fee

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Fabulous Feet & Athletics

CLASS#	DAY	TIME	DATE
50601	M	3:30-4:15PM	2/12-4/29*

*No Class: 3/25, 4/1

Kids Combo Dance

(Ages 6-10 yrs.)

Introduction to dance basics for new and continuing students in developing skills and techniques in ballet, jazz, tap and tumble.

FEE: \$100.00 (10 classes) \$15.00 drop in fee

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Fabulous Feet & Athletics

CLASS#	DAY	TIME	DATE
50602	M	4:15-5:00 PM	2/12-4/29*

*No Class: 3/25, 4/1



TENNIS PROGRAMS

Tennis classes are designed for beginner through advanced students. Lessons are taught in a fun and positive atmosphere covering basic fundamentals, grips, scoring, movement drills, and of course, lots of fun! Students provide their own tennis racquet and tennis shoes must be worn. Tennis balls will be provided.

LOCATION: Discovery Bay Community Center Tennis Courts

INSTRUCTOR: Lucia Peters, PTR

Orange Ball

(Ages 7-10 yrs.)

FEE: \$120

CLASS #	DAY	TIME	DATE
50200	M-TH	9:00AM-10:30AM	3/18-3/21

Juniors Only

(Ages 11-18)

This class is for High School and Tournament players. 8th graders with advanced training with the approval of the instructor are also permitted.

FEE: \$120

CLASS #	DAY	TIME	DATE
50201	M-TH	10:30AM-12:00PM	3/18-3/21

Tennis Saturdays in the Park!

(3 Saturdays)

Juniors Only

(Ages 11-18 yrs.)

FEE: \$120

CLASS #	DAY	TIME	DATE
50202	SAT	11:00AM-1:00PM	2/3-2/17
50203	SAT	11:00AM-1:00PM	4/6-4/20
50204	SAT	11:00AM-1:00PM	5/11-6/1*

*No Class: 5/25



PROGRAMS



DRIVER'S EDUCATION

Online Driver's Ed Course

(Ages 15+ yrs.)

The DMV allows teens to receive their Learner's Permit at age 15 1/2, and a license at age 16. This is an online course with videos, animated driving scenarios, and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. Sign up any time. Registration is ongoing. Once students are registered they will be contacted by the instructor.

FEE: \$49.99

LOCATION: This is an online program – all students must have access to the internet!

INSTRUCTOR: Bay Area Driving School

CLASS # 50300

Virtual Driver's Education

(Ages 15+ yrs.)

This is a virtual Driver's Education with a live instructor. Students will enjoy a series of Driver's Education lectures including understanding the responsibilities of having a driver's license, learning the rules of the road and accident avoidance procedures. Independent assignments will also be completed during the week. Course also includes practice questions, defensive driving movies and written test prep. Upon successful completion, students will receive a certificate of completion. Once students are registered they will be contacted by the instructor.

FEE: \$205.00

LOCATION: This is an online program taught over ZOOM – all students must have access to the internet!

INSTRUCTOR: Bay Area Driving School

CLASS#	DAY	TIME	DATE
50301	SAT	9:00AM-12:00PM	2/3-2/24
50302	SAT	9:00AM-12:00PM	3/2-3/23



HAVE YOU ENJOYED A WALK WITH YOUR DOG TODAY?

**Enjoy the fresh air with your
four-legged friend!**

Come meet new people and visit the Discovery Bay Community Center Dog Park, located at 1601 Discovery Bay Blvd. Park hours coincide with the Community Center hours of operation.

PICKLEBALL PROGRAM

Pickleball Programs

(Ages 10+)

Pickleball classes are designed for beginner to advanced. Lessons are fun with instruction and play. Players must have their own paddles, balls provided by instructor. Lessons can be private or in a group of 4 people.

LOCATION: Discovery Bay Community Center Pickleball Courts

INSTRUCTOR: Dennis Allen

Private lessons - \$60.00 / per hour

Group lessons of 4 people - \$50.00 / per hour, per person

Purchase a package of 4 individual lessons - \$50 per hour

Please call 925-392-4571 for registration.



Did you know...

The Town of Discovery Bay's Recreation Department is always on the lookout for new and exciting programs or classes to bring to the residents of our community.

In an effort to meet that objective, the Town utilizes Contract Instructors to provide these programs and activities. Many of these contractors currently utilized by the Town, also teach programs and activities in neighboring communities.

If you are interested in becoming an Independent Contract Instructor for the District, please visit the Town's website at www.todb.ca.gov and click on the "Recreation Services" tab, then hit the "Instructor Proposal Form" tab on the left side of the page. All questions and completed applications should be directed to Monica Gallo at (925) 392-4575.

PROGRAMS

SMEARED PAINT

Paint Night

(Ages 18+ yrs.)

Grab your friends for this casual fun paint night. You will learn basic to advanced painting skills. Then paint what you choose. Follow along and then add your own special touches or bring your own ideas and be assisted on getting your idea onto canvas.

FEE: \$38

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

CLASS#	DAY	TIME	DATE
50701	F	6:30PM-8:30PM	2/2
50702	F	6:30PM-8:30PM	3/8
50703	F	6:30PM-8:30PM	4/5
50704	F	6:30PM-8:30PM	5/17



Youth Paint Night

(Ages 6-17 yrs.)

Looking for something fun to do on a Friday night? Grab your friends for this fun-filled paint night! Step by step instructions, laughter, and fun. Acrylic on canvas.

FEE: \$30

LOCATION: Discovery Bay Community Center

INSTRUCTOR: Juliee Hanlon

CLASS#	DAY	TIME	DATE
50705	F	6:30PM-8:30PM	2/16
50706	F	6:30PM-8:30PM	3/15
50707	F	6:30PM-8:30PM	4/19

FACILITY RENTALS



1 Cornell Park

505 Discovery Bay Blvd

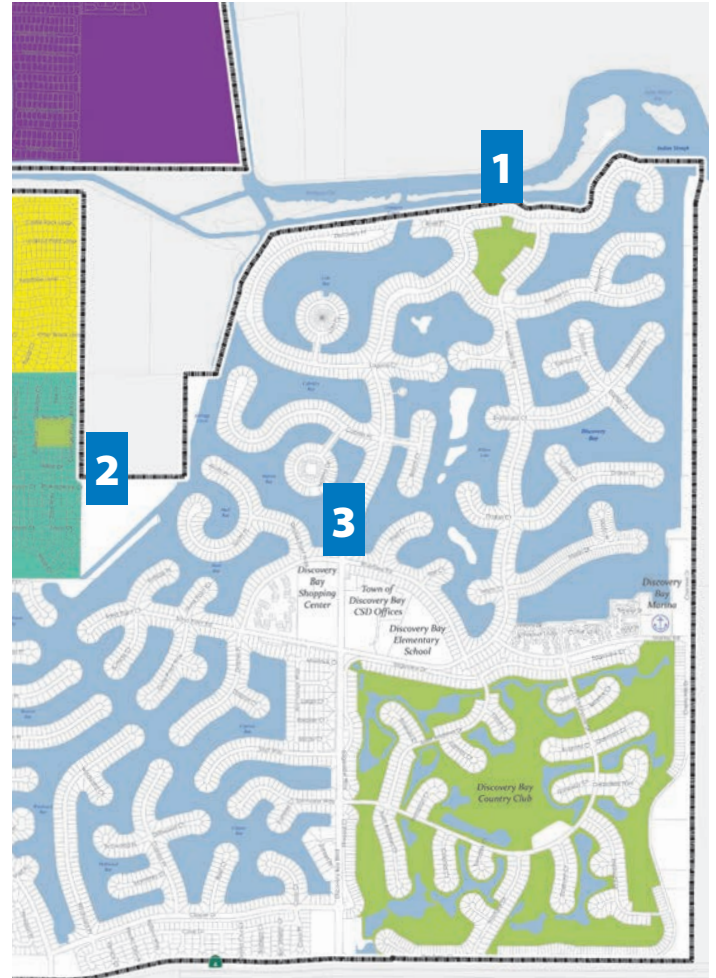
- ✓ Tennis court (1)
- ✓ Pickleball courts (2)
- ✓ Baseball field
- ✓ Soccer field
- ✓ Shaded picnic tables
- ✓ Bocce Courts
- ✓ Horseshoe pits
- ✓ Play Structure



2 Ravenswood Park

Cullen & Newbury Lane

- ✓ Covered picnic area (2)
- ✓ Soccer field
- ✓ Splash pad
- ✓ Play Structure



3 Community Center and Park

1601 Discovery Bay Blvd

- ✓ Meeting rooms
- ✓ Picnic tables
- ✓ Tennis courts (6)
- ✓ Event lawn
- ✓ BBQ area
- ✓ Swimming pool
- ✓ Community garden
- ✓ Dog park
- ✓ Pickleball courts (6)

For rental fees and additional information, please contact the Discovery Bay Community Center at (925) 392-4571 or download a Facility or Park Rental Application packet online at www.toddb.ca.gov

OLDER ADULT PROGRAMS



California Department of Aging (CDA) / The Institute on Aging

Information: 800-971-0016

Institute on Aging's 24-hour toll-free Friendship Line is the only accredited crisis line in the country for people aged 60 years and older, and adults living with disabilities. The Friendship Line is both a crisis intervention hotline and a warmline for non-emergency emotional support calls.

Contra Costa County Area Agency on Aging

<http://ehsd.org/elderly-disabled/area-agency-on-aging/>

Information: 925-229-8434

Contra Costa County Area Agency on Aging's (AAA) goal is to develop a system of care and support to help adults ages 60 and older and persons with disabilities maintain their independence. They serve as a hub for information and referral, and provide health insurance counseling. They also fund local services such as adult day care, home delivered meals, legal assistance, friendly visiting, assisted transportation, fall prevention, congregate meals, and family caregiver services.

Alzheimer's Association

<https://www.alz.org/norcal>

Information: 800-272-3900

Contra Costa Crisis Center

Call 211 or 800-833-2900

Text "HOPE" to 20121

Help starts here for yourself or others. A fast, free and confidential service that can help with emergency food, rental assistance, healthcare, housing/shelter, senior services, utility assistance, job services, transportation and much, much more.

Health Insurance Counseling and Advocacy Program (HICAP)

Information: 925-655-1393

HICAP provides free and objective counseling and advocacy services to families who need assistance with Medicare enrollment and with issues involving Medicare and associated insurance programs.

Meals on Wheels America

Information: 925-625-4545 or 866-669-6697

For millions of our aging neighbors, there are good days and there are bad days. That's why a knock at the door from Meals on Wheels is not only comforting, but at times, lifesaving.



Local Businesses

Would you like to advertise your business in our next activity guide?

**Call
925-392-4575**



1601 Discovery Bay Blvd.
Discovery Bay, CA 94505
(925) 392-4575

Online Registrations are encouraged!
www.todb.ca.gov/recreation-programs-registration

CLASS / PROGRAM REGISTRATION FORM

REGISTRANT INFORMATION:

First Name: _____ Last Name: _____

Address: _____

City: _____ Zip: _____ Phone: _____

Email: _____

Would you like updates on new classes and events at the Community Center? YES _____ NO _____

EMERGENCY or PARENT/GUARDIAN INFORMATION:

Name: _____ Phone: _____

Program Name	Class #	Date of Birth	Gender	Program Fee

REFUND POLICY: Customer requested refunds/transfers **NO LATER THAN 7 BUSINESS DAYS PRIOR TO THE FIRST DAY OF CLASS. NO REFUNDS AFTER FIRST CLASS.** No refunds or make-ups for missed days. A processing fee of \$7 will be charged for all cancellations after a registration has been processed. If minimum class size is not met by one week prior to the start of class, the class may be cancelled. In the event that the District cancels a class, you will receive a full refund. Outdoor classes are cancelled in the event of lightning.

ASSUMPTION OF RISK, RELEASE, HOLD HARMLESS AND CONSENT TO MEDICAL TREATMENT AND PHOTOS (collectively, the "Agreement"): On behalf of myself and/or any minor child named above, I acknowledge that I am (minor is) in good physical condition to participate in the activity and that accidents and injuries can arise from such participation. I further understand that participating in this activity can carry an added risk of exposure to contagions such as flu and Coronavirus/COVID-19. Knowing these risks, and in consideration of acceptance of my application, I voluntarily desire to participate (have minors participate) in this activity. I assume all risks and waive and release Town of Discovery Bay and its officers, employees and agents (collectively, "Releasees") from any claims or liability for illness and personal injury (including death) or property damage arising from or connected with participation in the activity, even if the liability may arise out of the negligence or carelessness of the District or its officers, employees and agents. I covenant not to make or bring any such claim against the District or any other Releasees, and forever release and discharge the District and all other Releasees from liability under such claims. I further agree to hold harmless, indemnify, and defend the District and all other Releasees against any and all losses, damages, liabilities, deficiencies, claims, actions, judgments, settlements, interest, awards, penalties, fines, costs, or expenses of whatever kind, including attorney fees, fees and the costs of enforcing any right to indemnification under this Agreement, and the cost of pursuing any insurance providers, arising out of or resulting from any claim of a third party related to the activities, including any claims arising out of my own, or minor's, negligence or the ordinary negligence of the District. In the event of injury or illness, I consent to and agree to be responsible for transportation to a medical facility and whatever examination, procedure or treatment considered necessary by the medical personnel. This Agreement is binding on my heirs, dependents, executors, administrators, and assigns. If any term or provision of this Agreement is held invalid, illegal, or unenforceable in any jurisdiction, such invalidity, illegality, or unenforceability shall not affect any other term or provision of this Agreement or invalidate or render unenforceable such term or provision in any other jurisdiction. I agree to abide by any rules and regulations for the activity. I give consent to the Town of Discovery Bay Community Services District to photograph or video the participation for any legitimate purpose by the District or the sponsors of an activity.

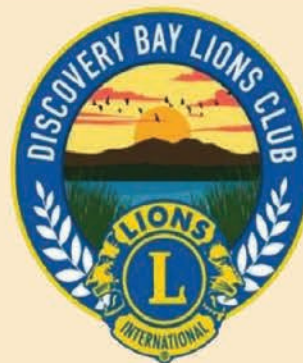
BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ AND FULLY UNDERSTOOD ALL OF THE TERMS OF THIS AGREEMENT AND THAT I AM VOLUNTARILY GIVING UP SUBSTANTIAL LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE THE DISTRICT FOR CLAIMS, ARISING OUT OF THE ACTIVITIES.

REGISTRANT ACCEPTANCE:

Signature: _____ Date: _____

FOR DISTRICT USE ONLY:

Received by: _____ Date: _____



WE WANT YOU

BE A PART OF AN AMAZING ORGANIZATION RAISING MONEY FOR
LOCAL SCHOOLS, COMMUNITY EVENTS, THE VISUALLY IMPAIRED AND MUCH MORE.

WE HAVE GIVEN AWAY OVER \$1M IN THE LAST 10YRS.

Discovery Bay Lions meets the 1st Tuesday of the month at the DB Yacht Club in the Bilge Room - 6:30pm

DiscoveryBayLions.com